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Cistr. ID/w g.347/18 29 September I98I

ENGLISH

United Nations Industrial Development Organization

Workshop on Cement and Concrete Products Brisbane, Australia, 13 -29 **May** 1931

> POST-TENSIONED BUILDING STRUCTURES. ECONOMIC TRENDS AND THE INFLUENCE OF CONSTRUCTION TIME *

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1 .*r* INTRODUCTION.

In complex building applications the economics end rate of construction of the post-tensioned areas are not always critical beccuse of the magnitude of the unusual loading or freming conditions to be solved. This paper is confined to post-tensioning as applied to the more conventional structural floor systems where the selection of structure type is heavily influenced by direct meterial end labour costs and the speed with which the buildirq is to be constructed. Construction time has become of the utmost importance under today's prevailing high interest charges and potentially escclating costs.

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Two distinct building types are reviewed, namely, multi storey projects involving office, hotel and apartment structures and also multi linear jobs incorporating medium level structures, cs used in shopping centres end industrial complexes, sometimes with relatively large plan dimensions.

The areas of maximum direct end indirect cost influence are highlighted and the balance between these costs is reviewed.

Lxamples of the relative cost of various post-tensioned structural solutions are given, compared with alternative solutions using other materials in two typical building spans end loadings. The examples and cost data provided, cover the United States of America, the United Kingdom, South East Asia end Australia and therefore incorporate unit lobour rates with c rctio of approximately 40 :1 between the U.S.A., and certain regions of South East Asia. The relative importance of the major structure! cost items varies among many of the countries studied and the particulcr trends evolving in Australic are explained, together with a projection on future developments. A typical construction programme for *a* multi linear structure is discussed and the significance of the formwork and post-tensioning interaction is emphasised.

Availability of constructional pient must seriously influence the choice of structural solution. The major differences between on-site construction equipment in the United States, Europe and other-less inductriclised countries, are highlighted.

The various advantages and disadvantages of post-tensioned building structures are discussed end compered with alternative netheds, from the point of view of the owner end contractor.

2.0 THE SASIC AIM OF THE PROJECT

Sometimes the basic project alms can be obscured in the maze of Architectural and Engineering gyancstics which fora part of a package. We must remember that these professional skills are only means to an end end must be viewed in their true perspective. The building incorporating the highest level of structure! engineering achievement can be c failure unless it satisfies the basic client, community and functional ob jectives.

What do we mean by a successfully completed project? There are a number of possible motives behind the original decision of the client to undertake a particular project. Remember that it is the client who, in nearly all cases, initially determines the need to construct a pro.ject and it is clear that his needs must be the prime considerution in the mines of the constructors end designers of that project. Depending on whether the project is on office building, industrial complex, retail store or public works project or indeed any of the other variety, the basic cims of the project would normally be cne is more of the following :

- the client's personal occupancy needs
- investment return, to the client, by way of rental
- development end future soles for profit, on completion
- in the case of public works, additional or improved community services.

The economic viability of the project is not a by-product of the project teams endeavours, it is normally the prime reason for the project's existence. Economic viability, demands that the project construction teem produce a building which must be

- o) competitive in ccsts
- b) constructed to c planned time schedule

These sub-divisions describe operations which are olso the Contracter's primary goals of 'Economy and Speed'. Technical, functional plannina and aesthetic soundness ere implied. Post-tensioning of conventional building structures can produce several important by-products, eg., early formwork removal, deflection control, durability and crack control. These are secondary affects only. The process is clearly worth while, if it is - less expensive and foster than alternative net nods. We will confine ourselves to the tangible basic cost compo rison s.

3.0 DIRECT PROJECT COSTS.

Materials and labour : In the current world political and financial ciiacte, no paper is complete without a discus-ion *on* the effects of infiction. Mcteriai end labour costs have escalated cicrmingly and have aborted many formerly viable projects. Contractors have been forced to re-think many of their former values. Materials and methods, which hove been standard in the building and civil engineering industry for the last 20 yeers are becoming obsolete, as on-site labour prices itself out of the market, in so many areas.

The availability and standardisation on building materials must be carefully considered by the designer when completing his detail drawings. There are innumerable somewhat equivalent materials which can be selected to do a particular job. It is absolutely essential for the designer to be familiar with the full range of materials and to understand their relative costs and availability. It is pointless end costly, if the designer proceeds through sophisticated mathematical analysis and transforms the data Into impractical or unobtainable physical elements.

In my experience, I have not seen many Design Engineers who have made a great success as contractors, nor have I seen the reverse take place. This is a sad trend, brought about by today's requirements of premature specialisation. I hove seen spectacular reciprocal improvements in the designer and the contractor in cases where the designer has been commissioned to design a particular project for the contracting wing of the client. The close co-operation or interaction, thus created, tends to produce team members with a broad outlook as regards the projects aim.

By these remarks, I am not endorsing the principle of 'design and construct', I am merely trying to point out that the parties require a sound working knowledge of the functions of their team members to permit balanced interaction. The opening of tenders, too often, proves a bitter disappointment for the client. This could be minimised by regular progressive cost planning, by the project team, during the design process and before tenders are called. Many major decisions affecting the building price are taken between toe two traditional estimating times - at the feasibility stage and at the conclusian of the documentation, immediately prior to tender. By a regular and formal series of cost plans, the design team should be in a position to take the necessary design decisions with sound knowledge of the effect on the project budget. The designer must know :-

- how the structure is to be built **Co)**
- what the various elements are costing and how these casts are effected by each adjustment in planning. (b)

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A. 0 INDIRECT PROJECT COSTS - THE COST Gf MONEY I

The extremely high interest rates prevailing now, in many countries can mean that interest charges alone ccn account for 1*5%* to *2C%* of the total project costs, including land. This factor is uppermost in the client's mind and must be considered very carefully by the project tecm. There are very few owners or clients who ore investing the total cash sum for any project from their own resources. Even if they were, the loss of market interest cn the client's employed funds is *an* indirect project cost.

The speed of construction is now more vital than ever before end this can benefit enormously from interaction between the design team and the contractor.

There has been a tendency in some countries for "Fast Track" construction of the concrete frame which proceeds as the Architectural and other planning is in progress. My theme relates more to the thorough planning of all the concrete trades to achieve a structural frame economically in the minimum effective time.

5.0 THE AREAS OF MAXIMUM TOTAL COST INFLUENCE.

In most parts of the world, concrete has become clearly our most common besic material for the construction of building and civil engineering projects. For this reason, and also to conform with the basic theme of the Symposia, most of my specific remorks end exemples will be directs. to examples of effective cost planning relating to post-. n?;oned concrete structures. The principles highlighted, ncturei.y apply to other structural media.

Figure 1 hes been prepared from information received from a number of sources in each of the areas listed. The rates cover avemge conditions for normal post-tensioned structure types. The rates are meant to be current at January 1976 and embrace material and labour costs including placing materials into their final position. The rates quoted are sub-contract prices and do not include prime contractors overheads and profi The factory and site labour rotes include all statutory loadings and an allowance for superintendence overheads.

UNIT COST FOR CONSTRUCTION OF CONCRETE FRAMED POST-TENSIONED BUILDINGS :

All figures in Australian dollars.

One Australian dollar equals opprox. USS1.25 (May, 1976)

Note: * Certoin anomalies arise from the basic domestic steel price and also particular tariff and duty imposition on imported material.

FIGURE 1.

Let us consider two alternative structure types and apply the above unit costs to determine the areas of maximum cost influence.

6.0 COST COMPARISONS.

 6.1 Structure Type A Typical High Rise multi-storey structure : Column Grid 10m x 10m Live Lood (including finishes etc.) $5 kPa.$

Scheme A.1 Reinforced Concrete Flat Plate Slab depth 320mm Span/depth ratio 31 Concrete quantity $0.320 \frac{\pi^3}{\pi^2}$ Reinf. quantity 43 kg/m^2

Scheme A.2 Prestressed Concrete Flat Plate Slab depth 240mm Span/depth ratio 42 Concrete quantity $0.240 \pi^3/\pi^2$ Reinf. quantity 4 kg/m^2 Prestress quantity 7.5 kg/m^2

5.2 Cost Concerison

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FIGURE 3.

Scheme A.2 Post-tensioned Concrete

FIGURE 4.

Considerable material saving could be made by incorporating a post-tensioned beam slab solution to replace Scheme A.2 in the high rise application. It is often the case that flat plate slabs are preferred in high rise structures because of planning requirements concerning the building height and the costs of crchitectural facade finishes. It is also more difficult to incorporate heavy table forms unless the handling equipment is sophisticated.

Structure Type B. 0.3

Tvoical Multi-linear (Shopping Centre) structure.

Column Grid 8.4m x 8.4m - Live load 5 kPa.

Scheme B.1 Reinforced Concrete Flat Plate Slab depth 250mm x 150mm drop ponels Span/depth ratio - 33 Concrete quantity 0.270m³/m²
Reinf. quantity 31 kg/m²

Scheme B.2 Prestrassed One Wav Wide Beams and One Wav Slab. Beam depth 350mm Slab depth 175mm Span/depth ratio 24 beam Span/depth ratio 39 slob Concrete quantity $0.215 \text{ m}^3/\text{m}^2$ Reinf. quantity 3kg/m² Prestress quantity - bar 4.5 kg/m^2
- strand 2.6 kg/m^2

FIGURE $5(a)$.

Cost Comparison 6.4

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FIGURE 6.

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7 .0 COST COMPARISON LESSONS.

There ere several important lessens to be learnt from these comparisons.

7.1 Formwork Costs :

In Australia the in-place costs of concrete, post-tensioning and to a similar extent reinforcement, have not increased at the seme rapid rate as installed formwork costs. The basic formwork material costs hove increased significantly but extremely high labour costs and low productivity are the major factors accounting for the total escalation. The structurel designer and architect control the shaping and profiling of the structural concrete members. By experience and thoughtful planning, the designer should be competent to detail shapes that can be moulded simply and effectively combining simplicity, repetition, easy stripping, transporting and re-usability of form sections. Mechanisation for movement and ease of relocation can lead to use of large pre-assembled 'table cr fly-forms*, which are extremely economical in time and money, provided there is sufficient repetition.

Having emphasised the major role that formwork plays, in the cost of concrete structures, I must comment that interaction, in regard to formwork; is far more difficult for the design team than other factors. To my mind, speaking frankly, I consider that the construction industry is in need of sub-contract groups who design, supply and erect well planned formwork systems and who could become specialist sub-contractors, providing the equivalent service to that often supplied by organisations such as piling or post-tensioning companies.

The significance of formwork costs varies greatly from country to country. In the United Stctes of America they have lived with high unit labour costs for many years and this accounts for the developed and mechanised nature of their formwork contractors. In most instances in the U.S.A., the foriworker becomes the principal sub-contractor and often controls the reinforcement, post-tensioning and concrete placing.

Of the main material items which hove been studied, formwork looms as a major direct end indirect project cost influence. The speed of construction of a building project is more seriously affected by formwork practice than by any other trade. It is possible to greatly facilitate the formwork construction rate by planned interaction between formwork, concreting sequence and post-tensioning. Refer to Figure 13 wnich depicts c typical construction programme for a retcil snooping outlet.

It is difficult for structural designers to take account of the vcrious methods which are proposed by particular contractors especially when the tender list is likely to contain a vast spread of contractors, each wishing to employ his own methods end equipment inventory. The problem con be extended to sub-contract formworkers, who have vast stocks of traditional formwork hardware. We rre cli reluctant to write off plant and equipment, but. unless farmworkers do this in future years, the labour costs will become prohibitive.

The formwork lessons for Australia and other countries in a similar state of development must naturally tend to come from the U.5.A. There were initicl moves towards precast flooring systems in the U.S.A., because of the ready availabilitv of high capacity hondling equipment on-site. The developed transportation system in the U.S.A., has also been of assistance to the precast industry. In Australia end South East Asia, the sites ere generclly not well equipped with cranes and other handling equipment. The problem of cranage is mode more.complex as a result of industrial disruption surrounding the crane operator. The road systems in Australia and South East Asia do not tend to permit efficient transport of precast structural members.

7.2 Post-tensionlno site costs.

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In the late 1960's it was possible to construct a typical post-tensioned floor using a post-tensioning labour content of approximately 45 man hours per tonne with each man hour costing epproximetely AS2.20. This produced a trade labour cost of approximately AS100 per tonne of prestressing steel installed.

During 1974/75 when the building industry in Australia and elsewhere was at peak cctivity with a resulting abundance of serious industrial unrest, equivalent recorded labour times rose to 110 man hours per tonne at an average man hour cost of AS7.00 producing a comparable trade labour cost of AS770 per tonne, cn increcse of 670*%* in approximately 5 years.

To combct this wild escalation there has been a strong move to mechanisation of the post-tensioning labour activities. Far more financial resources have been allocated to on-site handling and hydraulic equipment.

The four major developments have been :

(a) The strand pushing-cutting machine which has reduced cable installation (excluding stressing and grouting) from a peak of cround 30 men hours per tonne in difficult projects, down to a figure closer to 10 man hours per tonne.

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- (b) Iaproved stressing and grouting equipment which is fast acting, reiicble ana extremely portcble.
- (c) A strong ccctnt on forme! operational training and instruction of site personnel. When your man hour is likely to cost AS7.00, it is a sound investment to spend AST,000 on a formcl training programme with a reliable artisen,
- (c) The level of office pre-planning of the future site activities has increased by a significant amount,resulting in far more effective application of the priceless commodity - site labour.

7.3 Post-tonsionjna design and construction methods.

In. meny countri s of the world, vigorous use is made of unbonded, factory produce tendons. There have been a number of reasons for the retardación of unbonded applications in Australia, notably :

- (a) More frequent use of post-tensioning in shopping and industrial complexes incorporating the higher range of live loading. In these cases there is often little economic advantage in unbonded construction.
- (b) The widespreed geographic nature of Austrclia with inherent transportation costs and problems with factory produced tendons. The Australian strand manufacturers deliver the coiled strand to site or to factory for the same besic price.
- (c) Reluctance on the part of Consulting Engineers to permit unbonded tendons for reasons of
	- safety
	- corrosion resistance
	- reduced ultimate characteristics
- (d) Limitations imposed by the Australian Prestressed Concrete Code AS1481, which negate any major savings in unbonded designs in many applications.

We should now look at the better excmples of recent construction end look for sore trend for the future.

3. RECENT EXAMPLE CF EFFICIENT CONCRETE CONSTRUCTION

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5 .1 Economic Review

There are several specific Australian examples of merit worthy of mention, but I will confine my comments to the details of a shopping centre recently constructed in Australia. The structural layout of this project has been described earlier in paragraph 6.3 Structure Type B.

In this case escalation in building materials ana labour costs had taken place during the design process without a tangible increase in the expected rental returns. The project team were then thrown the problem of re-designing their various elements of the building to attempt to offset the increase in price. Ideally of course, the optimum solution should have been achieved in the first place, but all of the costing data was not known accurately or able to be forecast.

When we are forced to re-think, it is amazing how many new ideas can develop. In the case of the shopping centre, my knowledge is limited to the structural aspects. The prices for concrete and post-tensioning had risen approximately *10%* since the original estimate whereas the price of formwork has risen by *35%.* The original structure wcs a solid flat plate slab spanning I0.0mx10.0m carrying a superimposed live load of 5.0 kPa per sq. metre. As we all know, o flat plate is not the most desirable section from the point of view of stiffness or concrete volume, but is normally considered cheaper for. formwork.

The obvious solution to save concrete and post-tensioning costs was to create a beam system in one direction and a ribbed slab transversely. Without a detailed investigation, this proposal could easily be- dismissed because of the apparent formwork complexity.

8.2 Alternative orooosals.

Figures 8, 9 and 1C show respectively the original post-tensioned structural scheme, a second proposal and the finally adopted scheme. I neve chosen to show the second unsuccessful proposal as I believe this method has major advantages in cases where the transverse span exceeds 9 metres and for total floor areas in excess of 10,000 square metres. The reinforced concrete proposal has been, described in paragraph 6.3 Scheme B.l. The reinforcement concrete proposal proved to be the most expensive of these four alternative structure types.

FIGURE 8.

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The increased depth in the becm column strips produces an obvious reduction in post-tensioning casts longitudinally. In the transverse direction, the increased stiffness in the column zones considerably assists the bending and deflection characteristics of the slab.

With the dead/live load ratio typical of retail stores, it is *normal* that post-tensioning is designed to counter balance the self-weight of the slab and therefore the self weight saving in this direction cs a "per cent" i .presents approximately the post-tensioning percentage cost savings in the transverse direction.

SUMMARY OF MATERIAL QUANTITIES PER SQUARE METRE

FIGURE 11.

The above material comparisons are important, but the main issue for my discussion relates to the effective construction of such structures now that the saving in materials has been achieved, that is converting the theoretical saving into a practical reality.

8.3 Construction Methods

8.3.1 Tendon arrangement

The price per unit length of standard post-tensioning cobles varies inversely as the ccbie length.

This is understandable when you consider that, you have to amortise, in the price per unit length of the cables, the cost of anchorages and associated labour to stress and grout. How can we therefore create longer cables without asking the contractor and his farmworker to provide extremely lorge areas of formwork with the subsequent increase in ;ost and delay to the construction cycle?

It is highly desirable to reduce large expenses of slob into practical areas to provide a concrete volume that can be readily placed and finished in a working dcy.

The following system was evolved which involved the co-oparation and planning of the designer, formworker, concretor and post-tensioner.

FIGURE 12.

Figure 12 shows the layout of construction joints indicating 0 icrge panel broken into 6 separate concrete pours.

The formwork and post-tensioning cables complete with the minor amount of ancillary reinforcement were prepared in panel 1 and concreted.

Simultaneously on the adjoining pour Section 2, formwork and post-tensioning cobles were being assembled. This allowed good continuity of on-site labour as the progress of their work was not interrupted by the concreting days. Section 2 was concreted some 4- days after Section 1 and incorporated a band of higher strength concrete along the exterior edge. 48 hours cfter concreting of Section 2 the transverse slab tendons were stressed to 75*%* of the final jacking load by stressing 3 of the 4 stands in each tendon. Since prestressed losses had not taken place, this prestress uplift bclonced the slab load, so. that formwork between the beams could be removed and re-positioned in the direction of the band beams. In whet we will call the longitudincl direction, we heve of course net completed the post-tensioning, but a number of cables per beam were stressed to provide shrinkage control. These cables

are later coupled at the adjoining construction joints. After final concreting of Sections 5 and 6 respectively, the mojor cables in the bond becms were reeved into position and longitudinal stressing completed. The transverse stressing of Sections 3 and 4 and 5 and 6 take place in the same manner as Sections 1 and 2. Figure 13 shows a typical construction programme achieved regularly and conveniently during the construction.

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FIGURE 13.

8.3.2 Formwork details

Figure 14 shows the orrongement of formwork under the soffit of the slab and indicates the forms which are left in position under the band beams until longitudinal stressing is complete. The arrangement of the formwork is quite simple as it provides exactly the desired concrete shape, at no appreciable expense when compared with normal flat plate formwork.

Several similar jobs have incorporated ribs in the transverse direction formed using polystyrene wropped in P.V.C. bags for ease of removal and re-use. The initicl capital cost of the styrene void former equals approximately the cost of the concrete volume saved in the first pour, but it has been possible to achieve up to 5 re-uses of the styrene and the labour to place and finally strip the styrene, is extremely low. It is desiroble to introduce ribs where the transverse spon is 9 metres or more and where the total floor area to be formed exceeds 10,000 sq. metres.

FIGURE 14.

The formwork panels have been constructed in such a manner that they can be easily modified to cover a range of column grids from 8 metres to 12 metres. The fabrication of the form panels was ccrried out in a factory away from the site and the panels delivered complete to the site with a minimum of final assembly work to be done.

A mcjor problem can occur in many projects as a result jf the late construction of the ground level slab after completion of drainage and other services. It is highly desirable to construct a working slab either cf concrete or road base to simplify the movement of the large table forms. If this cannot be achieved a system of formwork tracks needs to be constructed to allow level and straight movement of the form panels.

A typicci form panel weighs 1500 kg and hcs a side clearance of only 400 mm so it is necessary to use sophisticated hcndling equipment if the terrain is rough.

Ficure 15 illustrates an earlier project incorporating trunsverse ribs formed by styrene. You will notice that the formwork soffit tables are constructed in two halves with a central secondary slab prop. This arrangement is more costly in labour and the use of the larger panels shown in Figure ?4 is preferred because of the lower lobour cost and speed of erection and relocation.

FIGURE 15.

FUTURE TRENDS 9.0

The major lessons from the U.S.A., which are directly applicable in Australia and South East Asia relates to insitu concrete construction. Precast flooring systems are unlikely to develop in popularity, if U.S.A., trends are an indication.

In the U.S.A., there are specialist firms who often construct the concrete building frame as a package sub-contract and these firms are in nearly all cases, from a formwork origin. Formwork is their bosic skill and it was learnt very early in their life that this is the prime cost influe ce in a concrete structure.

The trend in Australia has not been that way and in my opinion is more likely to follow a slight deviction along the following lines :

9.1 As mentioned in my introduction, I am specking aciniy about traditionci multi-level and multi-linear buildings of significant floor area. The column spacing for many of the sites and occupancy requirements are strongly standardised in the 8 metre to 12 metre range.

It is becoming increasingly common for structural consultants to contact sprecialist organisations at an early stage when they are conferring with the architect ond project teaa on alternative structural systems. In an average case the Consultant may have 6 alternative structural framing schemes, of which, soy three are post-tensioned concrete solutions. Since the specialists are concentrating particularly in this aspect of the work, they are able to review the three post-tensioned schemes and make relevant comments regarding the design, budget costs of the schemes and also their practicability.

During the review, one or two alternative methods may be suggested which may be unfamiliar to the particular consultant.

Since most of the specialists arc working on a wide range of pTojects throughout Australia and South East Asia and by affiliation with others in related groups in Europe and the U.S.A., an appropriate solution to this particular problem may come to light. In this way informal pre-consultative meetings develop and the consultant may become more avcre of :

- a) recent innovations and trends
- b) practical suggestions from the sub-contractor's point of view
- c) budget prices with which he can review far more realistically his alternative structural framing systems.

This particular method of consultation is highly desirable. It is done purely as a technical service to clients in consultation with the project consultant and orientated to fit in with his basic thinking. The timing of the advice is ideal as it allows the consultant to incorporate the latest practical details on his drawing end thus avoid the need for possible on-site detailing difficulties.

In future years, I believe that Consulting Engineers will confer more formally with specialist contracting companies to prepare

feasibility design schemes besed on specialist experience and availability of sophisticated formwork systems linked with post-tensioning services.

formwork design end Icyout including construction, programme details

Tenders or offers will be submitted for nominated packaged sub-contracts covering :

- supply and erection of main formwork elements
- supply and installation of post-tensioning tendons and associated reinforcement.

The general contractor will continue in his customary project management role and will arrange for the sub-contract concreting and finishing trades.

This method will succeed because it does not undermine the traditional general contractor role and does not prejudice the Architect, Consulting Engineer or Client in any way. Too many schemes founder because they require over-auch change and disruption to established procedures. In formulating the above trends, I have tried to take into account these personal and tradition based established methods. There are numerous other examples in which the successful interaction amongst the project team has developed mainly because the project costs have risen to a stage that the project became only marginally viable. In future we will see this interaction as a standard approach.

9.2 The immediate future years will see the applicaticn of unbonded tendons for the following structure types.

- Apartment and office buildings with spens *in* the range *6* metres to 8 metres in which range they will compete favourably with reinforced concrete.
- Industrial floors on grade.

The bonded slab tendons in flat ducting have reached a sophisticated stage and under prevailing tendencies it seems highly unlikely that unbonded tendons will become popular in retail shopping centres and industrial complexes which have been the major source of usage of post-tensioning in buildings in Australia.

The role of specialist post-tensioning organisation has changed dramatically in recent years cs have other specialist organisations. It is no longer sufficient for a group to provide materials, equipment on hire and leave the work to the contractor. For optimum results it is essential that specialised groups be exactly that - specialists, with strong design engineering support and "o participate as an integral part of *a* planning team co-ordinating 'ormuork and post-tensioning construction activities.

It will be interesting to observe the future movement and tendencies in the building industry and it is extremely convenient to have opportunities such os these to review and consider the methods and results being achieved in such a geographically wide spread group that we have assembled here.

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